



Robert Laffin

November 14, 1939 - July 19, 2025

Robert “Bob” Laffin passed away at 85 years old on Saturday, July 19, 2025. Born in Hartford on November 14, 1939, Bob attended St. Patrick’s School, Hartford High School, and the University of Connecticut, where he met his wife, Hilda, and received both bachelor’s and master’s degrees.

Bob served in the Army, worked as a banker at Connecticut Bank and Trust where he helped build Founders Plaza, owned and operated National Auto Radiator, became a personal trainer, and was a substitute teacher in Hartford. He was an enthusiastic learner and loved adventures with his family – sailing, horseback riding, traveling, and learning Spanish and Gaelic. Bob enjoyed drinking coffee with friends and family, read two papers each day, and was always reading multiple books at the same time.

The youngest sibling in his family, Bob was predeceased by his brothers and sister, and is survived by his wife of 56 years, Hilda, daughter Stephanie, goddaughter and niece Joan, and numerous nieces, nephews, grand and great grand nieces and nephews, as well as beloved friends and neighbors. He will be remembered for his great sense of humor, kindness, and generosity of spirit.

In honor of Bob, donations can be made in his name to St. Patrick – St. Anthony Church and the Franciscan Center for Urban Ministry.

Tribute Wall



“ Hilda and Stephanie,

I just found out of Bob's passing. I just wanted to say how sorry I am. I worked with Bob for several years at Bally as a Personal Trainer. He was always happy to see everyone and we were always happy to see Bob. He had a lot of energy.

Sean Norton

Sean Norton - November 07, 2025 at 03:48 PM

MB

“ Hilda and Stephanie,

I am so sorry to see that your beloved Bob passed away. I first met him as a personal trainer at Bally's and then continued to work with him for home training sessions after the club closed. I looked forward to seeing him every week. He was always so upbeat and full of energy even early in the morning! My cattle dog also loved seeing him every week for some wrestling and pets.

He spoke of you both often. He clearly was still smitten with you Hilda and so proud of Stephanie. I'd hear about trips to LA to visit Stephanie and to Boston for Celtics games. He lived a full life and will be missed.

Margaret Burke

Margaret Burke - August 05, 2025 at 09:53 PM

RF

“ *Hilda and Stephanie, our deepest condolences to you both. Suzie and I loved Bob and enjoyed wonderful times with him. So glad he introduced Suzie to Dr. Uke and the Glastonbury Ukelelli Band!*

Robert Fishman - August 04, 2025 at 12:30 PM

BH

“ *Dear Hilda,*

I am so sorry to read about the loss of your husband, Bob. You spoke so highly of him, and I had the pleasure of meeting him at Nordstrom when he was visiting you. My prayers are with you and your family.

Beth Holcomb

Beth Holcomb - August 03, 2025 at 08:41 PM

JL

“ *Uncle Bob will be remembered for his Love of People and to make the world Laugh. Rest Well 🙏🙏 Goddaughter & niece, Joan Laffin*

Joan Laffin - July 31, 2025 at 01:12 PM

SL

“ 5 files added to the album *Bob Laffin Memories*



Stephanie Laffin - July 31, 2025 at 10:42 AM

DF

“ *Uncle Bob is a great loss to our family.*

Danielle and Glenn Fraser

Danielle Fraser - July 30, 2025 at 01:29 PM

NA

“ 3 files added to the tribute wall



Nazy - July 30, 2025 at 12:45 PM

SL

“ 30 files added to the album *Bob Laffin Memories*



Stephanie Laffin - July 30, 2025 at 12:33 PM