



## Norma C Konefal

July 19, 1923 - March 11, 2006

Norma Charest Konefal, 82, wife of the late Stanley Konefal, of West Hartford, died Saturday, March 11, 2006, at her home. Born in Barre, VT, the daughter of the late Severin and Irene Comi Charest, she was raised in Vermont and moved to West Hartford in 1948. Norma studied nutrition and public health, receiving a Bachelor's degree from the University of Vermont and a Master's degree from the University of North Carolina. As a registered dietitian, she was a professor at St. Joseph College, West Hartford, was the recipient of the Dietitian of the Year Award, was a member of the American Dietetic Assoc for over 50 years, and was president of the Connecticut Dietetic Assoc. Norma was a communicant of St. Thomas the Apostle Church and was a member of their women's club, a member of the Elmwood Senior center, and past president of AARP. She is survived by her two children, Anne Black and her husband Kell of TN, George Konefal and his wife Rosa of Yonkers, NY; four grandchildren, Noah and Malcolm Black, Anastasia and Severin Konefal; and a brother Robert Rossi. She was predeceased by her brother Antonio Rossi. A memorial service will be held on Wednesday at 10:00 a.m. at St. Thomas the Apostle Church, 872 Farmington Ave., West Hartford. In lieu of flowers, donation in her memory may be made to the Norma C. Konefal Scholarship Fund, St. Joseph College, 1675 Asylum Ave., West Hartford, CT 06117.

# Tribute Wall



“ My condolences to you and your families. Your mother was a teacher of mine at St. Joseph and a fellow dietician. I have fond memories of her in the classes and for her professionalism. Sorry to her about her passing. I send my thought and prayers to all of you.##imported-begin##Patti Abbott##imported-end##

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April 05, 2006 at 12:00 AM



“ I was deeply saddened to hear of Mrs. Konefal's passing. She guided me through the dietetic program at St. Joseph College, recommended me to the chief of dietetics at St. Francis Hospital who was looking for a new grad, and supported my application to the dietetic program at The New York Hospital. I now teach nutrition at the graduate level and I am ever in Mrs. Konefal's debt for her guidance over 25 years ago.##imported-begin##Maureen Brady Moran##imported-end##

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March 20, 2006 at 12:00 AM



“ Dear Anne and family,

*How sad I am to hear about the passing of your Mom. She was a beautiful person that had a huge impact on my life. I know she is with your father now, smiling down on us all. I know you will miss her terribly. She must have been a loving wonderful grandmother as I know she was a mother! God bless your families. Fondly Beth  
From Anne's CUP program##imported-begin##Beth Clifford Beisel##imported-end##*

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March 16, 2006 at 12:00 AM



“ I was saddened to read Norma's obituary in the newspaper this morning. I hadn't seen her in a while but still think of her as a colleague. I had the pleasure of working with Norma for one year her last before retirement at Saint Joseph College in the Dietetics Program. I kept up with her over the years through dietetics meetings and seeing her around West Hartford. However, my fondest memory of her is very personal. I went into labor early with my second son and the family members who were scheduled to take care of my first son Nasri during my time in the hospital were not yet in town. I arrived on Norma's doorstep on a sunny June morning in 1986 and she and Stan took care of Nasri the day his brother Michael was born at Saint Francis. She introduced Nasri to the character of Curious George and he still remembers this. My husband Nick and I will never forget her kindness and generosity that day - but that was typical behavior for Norma. She was a consummate professional and classy lady and I am glad I had the chance to know her. Nick and I extend our condolences to Anne, George, their spouses and families.##imported-begin##Robin Abourizk##imported-end##

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March 13, 2006 at 12:00 AM